

DOS & DON'TS

PREPARING FOR YOUR TRIP TO EDINBURGH



MACKENZIE
School of English

DO...

- ✓ **Prepare** for different **weather**. Scotland can be sunny one day and rainy the next!
- ✓ Bring **good walking shoes**, you will be exploring a lot
- ✓ Send flight or **arrival details** to us well in advance of travel
- ✓ Let us know about any **allergies** or anything **you cannot eat**
- ✓ Return **registration and consent forms** in good time
- ✓ Bring **money** for snacks & souvenirs (you won't need money for much else)
- ✓ Have a **mobile phone** which works abroad (we can supply UK SIMS at school)
- ✓ Carry school **emergency numbers** with you when you travel
- ✓ Make sure your **luggage** and personal items are **labelled** and recognisable
- ✓ Be ready to take advantage of the **fantastic opportunity** provided to you
- ✓ Bring a camera! Take **photographs**; these will become wonderful memories
- ✓ Read our **Terms & Conditions** and other advice documents before you travel
- ✓ **Keep in touch** on Social Media (Facebook, Twitter, Instagram)
- ✓ Know the **address/phone number** of the school and your accommodation
- ✓ **Tell someone if you have a problem** or any concerns
- ✓ Be ready to take an **active part in lessons**
- ✓ Be prepared for **cultural differences**

DON'T...

- ☹ **Be afraid** to ask questions
- ☹ **Be scared** to speak English
- ☹ Bring too many **valuable personal items**
- ☹ **Worry** if you are nervous, we are an experienced and welcoming team
- ☹ **Bring too much luggage** – a weekly laundry service is provided
- ☹ Spend all your **time calling or on WhatsApp** your friends/family. Try to focus on being in the moment while you are here
- ☹ Only mix with friends who **speak the same first language**, try to connect with speakers of other languages too
- ☹ Sit in **your room alone**. Talk to your host and room-mates
- ☹ **Expect the food to be the same** as it is at home. Be ready to try new things.
- ☹ **Expect to feel at home immediately**, allow yourself a couple of days to settle into your new surroundings
- ☹ **Break** curfews and other **school rules** – the rules are there to keep everyone safe
- ☹ **Forget** the **essential paperwork** – keep proof of travel and health insurance with you
- ☹ **Underestimate** what a wonderful experience you are going to have!